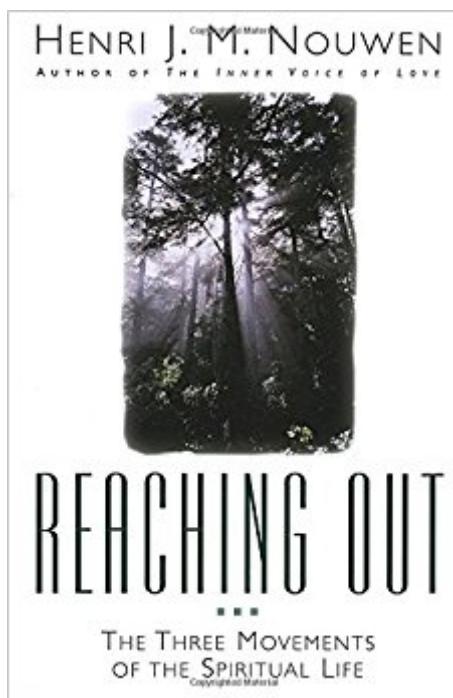


The book was found

# Reaching Out: The Three Movements Of The Spiritual Life



## Synopsis

With the clarity and depth characteristic of the classics, this spiritual bestseller lays out a perceptive and insightful plan for living a spiritual life and achieving the ultimate goal of that life -- union with God. Nouwen views our spiritual "ascent" as evolving in three movements. The first, from loneliness to solitude, focuses on the spiritual life as it relates to the experience of our own selves. The second, from hostility to hospitality, deals with our spiritual life as a life for others. The final movement, from illusion to prayer, offers penetrating thoughts on the most mysterious relationship of all: our relationship to God. Throughout, Nouwen emphasizes that the more we understand (and not simply deny) our inner struggles, the more fully we will be able to embrace a prayerful and genuine life that is also open to others' needs. Reaching Out is a rich book to be read, reread, pondered, and shared with others. "It does not offer answers or solutions," Nouwen cautions, "but is written in the conviction that the quest for an authentic Christian spirituality is worth the effort and the pain, since in the midst of this quest we can find signs offering hope, courage, and confidence."

## Book Information

Paperback: 165 pages

Publisher: Image; Reissue edition (August 5, 1986)

Language: English

ISBN-10: 0385236824

ISBN-13: 978-0385236829

Product Dimensions: 5.4 x 0.5 x 8.2 inches

Shipping Weight: 6.9 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars 90 customer reviews

Best Sellers Rank: #17,980 in Books (See Top 100 in Books) #53 in Books > Religion & Spirituality > Worship & Devotion > Devotionals #90 in Books > Religion & Spirituality > Worship & Devotion > Inspirational #207 in Books > Christian Books & Bibles > Theology

## Customer Reviews

Praise for Reaching Out  
The Church Times`...wide maturity, full of insight.' The Tablet`particularly good on the whole business of knowing ourselves.' The Church of England Newspaper`explores areas of spirituality rarely touched on in our evangelical tradition.' --This text refers to an out of print or unavailable edition of this title.

With clarity and deep spiritual insight, this religious bestseller offers today's Christian a perceptive,

systematic plan for living the spiritual life achieving union with God.

This book stimulated discussion and growth in our weekly spirit group. The three movements are: from loneliness to solitude, from hostility to hospitality, and from illusion to prayer. Key is this quote: "We do not have to deny or avoid our loneliness, our hostilities, and our illusions. To the contrary: When we have the courage to let these realities come to our full attention, understand them and confess them, then they can slowly be converted into solitude, hospitality and prayer." Discussing this book helped our group develop the author's habit of owning up to our weaknesses, and helped us to realize more deeply that spiritual maturity is not a life without weaknesses but an ability to acknowledge them and be open to their healing.

This is my second order of 7 or more books. The first time I read the book I loved it so much that I bought some to give away. My current order is for a book study with women. I shared with them how much I love Henri Nouwen's Reaching Out and the 3 movements of gaining inner peace with self and a deeper spiritual relationship with God that gives us the genuine ability to have hospitality for others. I guess my excitement won them over. I also use this book in my counseling with people who have addictions, mental health and tram concerns.

Henry N's insights into our hearts and souls is deep and wide. He names our greatest battles that keep us from finding true joy and peace. It's not about removing ourselves from the pain and chaos of this world but of finding joy amidst all that is humanity. To find ourselves we must lose our hostility, aloneness and fear. This is my fourth read of Reaching Out and I know it won't be my last! It seems to re-emerge on my shelf whenever I need it most.

Gives you a lot of time to think about other people that are not in your circle of friends. How will I bring them into my circle? How can I be introduced to people they know that need help? Why am I "too busy" to hear other people and relate to them and the helping hands that they need? Can I get members of my church to spend more time with these people?

I have read some of Nouwen's work before, and this is one of his best. My daughter spoke of this book as she was reading it for a study she was doing at the Christian school where she works, and I bought a copy as she was using hers. In the middle section, while speaking to everyone, he addresses parents, teachers, and professionals. I'd say more, but you really need to read it yourself.

This is a book that, read carefully, has the potential to change how you function as a result of your faith.

Excellent!

In this book, Henri Nouwen outlines a way to move to a greater spirituality for the individual and community. His words ring ever more true today than when first written. This book should inspire all to a greater solidarity, hospitality, and prayer life.

This book is a must read for you if you are struggling with your spiritual growth. Are you lonely? Are you hostile? Do you have the illusion that the Godly way takes away all suffering? This book speaks to these three questions. An excellent book.

[Download to continue reading...](#)

Reaching Out: The Three Movements of the Spiritual Life Literary Movements & Genres: Horror - L (Greenhaven Press Companion to Literary Movements and Genres) The Monk Who Sold His Ferrari: A Spiritual Fable About Fulfilling Your Dreams & Reaching Your Destiny The Subtle Power of Spiritual Abuse: Recognizing and Escaping Spiritual Manipulation and False Spiritual Authority Within the Church Mas alla de mi Reaching Out Spanish Edition Reaching Out Reaching Out in Family Therapy: Home-Based, School, and Community Interventions The Three Battlegrounds: An In-Depth View of the Three Arenas of Spiritual Warfare: The Mind, the Church and the Heavenly Places Mudhouse Sabbath: An Invitation to a Life of Spiritual Discipline: An Invitation to a Life of Spiritual Disciplines (Pocket Classics) Chichester Psalms (in Three Movements) For Mixed Choir, Boy Solo, Strings, 3 Trumpets, 3 Trombones, 2 Harps and Percussion (Vocal Score) SYMPHONY IN THREE MOVEMENTS STUDY SCORE (Edition Eulenburg) Spiritual Nutrition: Six Foundations for Spiritual Life and the Awakening of Kundalini Bug Out RV: The Definitive Step-By-Step Beginner's Guide On Transforming Your Family RV Into A Bug Out Vehicle To Get You Out Of Danger In A Disaster Sales Eats First: How Customer-Motivated Sales Organizations Out-Think, Out-Offer, and Out-Perform the Competition Mountains of the Mind: Adventures in Reaching the Summit Rugby Revealed: Reaching Your Rugby Potential Reaching and Teaching the Child with Autism Spectrum Disorder: Using Learning Preferences and Strengths Never Relapse Into Watching Porn Again: A Deep Inner Game Guide To Building Your Inner Strength and Reaching The 90-Days Porn Free Streak Allan Holdsworth - Reaching for the Uncommon Chord (Master Classes) Reaching for the Moon

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)